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VISUAL ARTS CULINARY ARTS DANCE CONFERENCE MUSIC NEW MEDIAS LITERATURE



AFGHAN CUISINE, A MILLENNIUM OF EXCHANGES AND CULTURES

Discovery of Afghan culinary arts

Sunday, May 13th, 2018
2pm

Fenêtre sur Kaboul

901 Rachel St. East
Mont-Royal Metro

\$15

Reservation required

Tickets: bit.ly/2FGraGB



accesasie.com
514-298-0757

Montreal, March 1st, 2018

Returning to tantalize our taste buds, Festival Accès Asie will once again host its feature culinary component. This year, Zabi Enâyat-Zâda, author and speaker, presents Afghan cuisine, its history and many influences. A tasting will follow the conference, which will take place on Sunday, May 13th at 2pm at the restaurant Fenêtre sur Kaboul.

Situated in the heart of Asia, Afghanistan intersects the silk roads. Torn by war for the past forty years, this country is above all an ancient land that has been at the crossroads of rich and diverse cultural exchanges for millennia.

As it shared and traded along the ancestral roads, Afghanistan has encountered many who have influenced its evolution – among the most famous are the invaders, Alexander the Great and Genghis Khan. Even its culinary practices have been influenced by these encounters.

An abundance of spices, rice, and culinary traditions have made their way to Afghanistan from nations such as India, China, and what constitutes today's Uzbekistan, as well as other neighboring countries.

We invite you to **reserve your place** early as space is limited to 25 participants. Don't miss this special occasion to savor and indulge in what promises be a delectable Afghan culinary journey!

In collaboration with:



PRESS RELEASE

For immediate release



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Zabi Enâyat-Zâda – Writer and speaker

Zabi Enâyat-Zâda was born in Kabul, Afghanistan and left his native country at seventeen to flee the war between the Russians and the Mujahedeen. Zabi arrived in Quebec as a refugee where he learned French. He then began his university studies in Montreal. The privilege of being both Afghan and Quebecois has allowed Enâyat-Zâda to see the world through two points of view, opposing at times but harmonizing over the years. The richness of the Afghan culture of the 1960s and 1970s along with the open-mindedness of Montreal forged a new reality for him. The story of Enâyat-Zâda's journey is told in the book, *Afghan et musulman, le Québec m'a conquis*.